

EXPECT MORE

Everyone Deserves Good Health

7th Annual National LGBT Health Awareness Week

INTIMATE PARTNER VIOLENCE

Intimate partner violence (IPV) can happen in all relationships whether they are same-sex, opposite sex, gay or straight. IPV is any physical, emotional, psychological or verbal abuse between people who are romantically or sexually involved.

If you think or know you are in an abusive relationship, you are not alone. Many LGBT people have survived IPV. Leaving an abusive partner without a safety plan, support, and information can be life threatening. Because IPV includes power and control dynamics, couple counseling is often more dangerous than effective. It is critical that survivors and perpetrators seek help from a trained LGBT IPV specialist.

If you are in an abusive relationship, help is available:

- In an emergency situation, call 911. If not an emergency, call for police assistance or go to a police station to file a report.
- Call the National Domestic Violence Hotline at 1-800-779-SAFE (TTY 1-800-787-3224) for information about services in your area.
- Talk about it with someone you trust, such as a friend, relative, or a health care practitioner.

For more information, please see:

National Domestic Violence Hotline at

1-800-779-SAFE (TTY 1-800-787-3224)

National Coalition Against Domestic Violence (<http://www.ncadv.org/>)