

TRANSGENDER SUPPORT GROUP

- Do you feel like your body doesn't match your gender identity?
- Do you feel like your birth sex doesn't accurately describe who you are?
- Are you ever frustrated when people assume you are male or female based only on your appearance?
- Have you ever thought about transitioning from your birth sex to something else?
- Do you like to "play" with gender by pushing the limits of what is often expected of males or females?
- Are you confused about or questioning your gender identity?

Did you answer yes to any of the questions above? If so, you may be interested in the **Transgender Support Group**. This group is supported by the Cornell University LGBT Resource Center, the Ithaca College LGBT Center, and Planned Parenthood's LGBT Health and Wellness program, Out for Health.

This group is for individuals who identify with any of the above questions or have already taken steps to change their physical appearance to be more consistent with their gender identity regardless of the sex they were assigned at birth.

The group aims to provide support, resources, and social opportunities for participants through regular meetings and events. The format for meetings is casual but focused and vary the upon interests and needs of participants. Meetings include topic-oriented discussions, creative activities, and time to just hang out with each other.

This group is open to all who are interested. Students and community members are both welcome and encouraged to attend.

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GROUP FACILITATOR

The Transgender Support Group is facilitated by Cornell graduate student and transman, Leo Stellwag. Leo transitioned from female to male at the age of 24 in 1999 and has been a dedicated mentor and advocate for trans people ever since. He believes there are as many ways to live as transgender as there are people who identify as such and there is not a single prescribed way to live as a person who doesn't fit the definitions of "male" or "female". He knows that medically transitioning is not appropriate for everyone and encourages individuals to choose the path that feels most comfortable. He also understands, firsthand, the challenges of living in a society limited by a dichotomous view of gender.

If you have any questions about this group or would like more information contact Leo at lms296@cornell.edu and please pass this information on to anyone you know who may be interested in this group.

Meeting attendance is treated as confidential.

Want more information?

OUTFORHEALTH.ORG/transgroup



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